# The Movie That Started It All

The Movement to Reverse Diabetes Naturally was started because of an indepedent documentary film called "Simply Raw: Reversing Diabetes in 30 Days" that chronicles six Americans with 'incurable' diabetes switching their diet and getting off insulin.

The film follows each participant's remarkable journey and captures the medical, physical, and emotional transformations brought on by this diet and lifestyle change. You witness moments of struggle, support, and hope as what is revealed, with startling clarity, is that diet can reverse diabetes and change lives.

Commentary and unique insights are provided throughout the film by the director of the film "Super Size Me" Morgan Spurlock, actor Woody Harrelson, peak performance coach Anthony Robbins, Rev. Michael Beckwith from the film "The Secret," nutritional expert David Wolfe and Doctors Fred Bisci, Joel Furman, and Gabriel Cousens.

The trailer for the film can be see at:

## www.PureJeevan.com/diabetes



# Does It Really Work?

A Diabetic On a Regular Diet and On A 100% Raw Diet



## Results of the 6 Participants in the film "Simply Raw"

Within four days, all participants except one type-1 diabetic were off insulin and oral anti-diabetic medications. By the end of one month, two people had blood sugars regularly averaging between 70-85. Two had dropped from an average blood sugar of approximately 250-450 to around 120. All their blood tests became essentially normal.

In other words by the end of 1 month the type 2 diabetics had achieved a level of health according to their blood tests and daily blood sugar readings that was considered comparable with a normal non diabetic physiology, i.e., the physiology of a healthy person. The type-I diabetic went from an insulin intake of 70 units to 5 units. The other type 1 diabetic remains completely healed of diabetes.

## www.PureJeevan.com/diabetes

FREE Health Information such as Articles and Interviews plus a Great Social Community

# Information at: www.PureJeevan.com/diabetes

### A Few of the FREE Interviews :

#### **Dr. Robert Young**

-Speaking on why the pH balance is critical to health for everyone (diabetics and non-diabetics)



### **Angela Stokes**

-On her experience with losing 160 pounds on a raw diet and how you can too!



### Gabriel Cousens, M.D.

-On the best diet to reverse diabetes and how to implement it into your life right away.



\*Medical Disclaimer: If you are on diabetes medication, insulin, or oral hypoglycemics, please do not attempt to come off medication without medical supervision, for the approach in this film or any other approach. If you are not on any diabetic medication, oral hypoglycemics, or insulin, then we invite you to safely explore this option on your own.